



### **Mini Medics First Aid**

Everyone can save lives. This includes children of any age and there was a number of situations where a child rescued a parent.

This is a brilliant training for children between age 7 and 11, but can suit children of any age.

This is a very basic introduction to First Aid and Defibrillation. The course includes 3 hours session, that can be spread into 2 shorter sessions (1,5 hours each). This is an educational and practical training. The child will gain an understanding of the importance of First Aid and understand the basic rules and techniques. It will give child confidence when dealing with emergencies and will acknowledge the child's ability to help.

This is a classroom- based training. This is a non-regulated qualification and attendance is all that is required. There will be a Certificate of Attendance issued to all children taking part and free books and stationary handed out to each child.

### **SYLLABUS:**

#### **A range of subjects is covered including:**

- What is First Aid?
- First Aid kits
- Resuscitation (CPR)
- Defibrillation (AED)
- DR ABC
- Recovery position
- Chocking
- Wounds and bleeding
- Asthma
- Shock
- Safety
- Communication and contacting the emergency services.

### **CLASSROOM-BASED TRAINING:**

**Age of a child:** 7 - 11 (please request for children age 5 - 7).

Children below age of 5 can stay for free with parents.

**Duration:** 3h session or divided into 2x 1,5 h sessions.

**Certification:** This is a non-regulated qualification and attendance is all that is required. There will be a Certificate of Attendance issued to all children taking part and free books and stationary handed out to each child.

### **Free coffee/tea and cakes for parents.**

**Parents/carers or teachers/assistant teachers, depending on the setting, are responsible for children during the session.**

**Please request prices for groups at schools or youth centres/community centres.**

**This training will be also delivered locally at community centres within Greater Manchester area, please register your interest by clicking the red button below .**