



FIRST AID FOR YOUTH MENTAL HEALTH - FAA LEVEL 2 AWARD (RQF)

This qualification is suitable for anyone who actively connects with children. This course is suitable for parents, carers, teachers and youth group leaders.

The qualification has been designed with children and young people in mind covering areas such as depression, self-harm, eating disorders and bullying, and will provide the knowledge and skills to identify a potential mental health condition, start a conversation and provide support and guidance to professional help.

SYLLABUS

A range of subjects are covered, including:

- What is First Aid for Youth for Mental Health?
- Identifying mental health conditions
- Stress
- Mental health conditions
- Drugs and alcohol
- First aid action plan for mental health

CLASSROOM-BASED TRAINING

Maximum number of participants: 16.

Minimum learners age: 14. Please request more information for students below age of 18. ID required.

Duration: 1 day (Guided Learning Hours: 6 hours; Total Qualification Time: 7 hours).

Certification: Practical assessment is on-going by the instructor, culminating with a written test. This qualification is valid for 3 years.

Price per delegate: £90. Please ask for group-prices. Please

DISTANCE LEARNING TRAINING

Maximum number of participants: 20.

Minimum learners age: The minimum age for all online-training at Kate's Training is **18** due to our commitment to safeguarding and online safety. ID required.

Duration: 1 day (Guided Learning Hours: 2 hours; Total Qualification Time: 5 hours).

Requirements: Laptop/PC with camera (students must be seen), no background noises, stable internet connection.

Certification: On-going Assessment throughout the training with the trainer, pre-work required and professional one-to-one discussion with the trainer. The certification is valid for 3 years from the date of issue.

Price per delegate: £90. Please ask for group prices.

We offer price-match. Please request for group-prices. If you are unsure what type of training you require for your organisation please book a free consultation. Please book a course or request more information by clicking the red button below.